Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: ZOLA

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: Verhaegen Els

Coaches: Van Schoor Els

Coaches: Delissen Kim

PB => Personal Best time **SB => Seasons Best time: Season starting point: first of September.**

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:3, starttime: 14:05

Heat: 3/14 Lane : 8 Athlete: OZTURK BURAK **Q-time: 01:42:32**

PB (25m pool): 01:42.32 Nijlen 18/10/2026 **PB (50m pool):** 01:43.10 **SB:** 01:42.32 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:46.02		01:42.32	
		00:46.02		*00:56.30*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:6, starttime: 14:10

Heat: 6/14 Lane : 4 Athlete: FONTANA ALESSANDRO MARIA NIC **Q-time: 01:30:44**

PB (25m pool): 01:30.44 Nijlen 18/10/2026 **PB (50m pool):** 01:34.26 **SB:** 01:30.44 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:43.53		01:30.44	
		00:43.53		*00:46.91*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ Heat:9, starttime: 14:15

Heat: 9/14 Lane : 5 Athlete: COGURCU ARDA **Q-time: 01:24:38**

PB (25m pool): 01:24.38 Nijlen 16/11/2025 **PB (50m pool):** 01:27.09 **SB:** 01:26.70 Nijlen 18/10/2026

	25 M	50 M	75 M	100 M	
PB		00:40.32		01:24.38	
		00:40.32		*00:44.06*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: ZOLA

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:12, starttime: 14:25

Heat: 12/14 Lane : 7 Athlete: BETTENS LUCAS — **Q-time: 01:19:61**

PB (25m pool): 01:19.36 Mol 29/12/2024 **PB (50m pool):** 01:19.61 **SB:** no time

	25 M	50 M	75 M	100 M	
PB		00:37.33		01:19.36	
		00:37.33		*00:42.03*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:13, starttime: 14:25

Heat: 13/14 Lane : 1 Athlete: NAEGELS REZA — **Q-time: 01:18:05**

PB (25m pool): 01:18.05 Aartselaar 01/11/2026 **PB (50m pool):** 01:22.81 **SB:** 01:18.05 Aartselaar 01/11/2026

	25 M	50 M	75 M	100 M	
PB		00:37.05		01:18.05	
		00:37.05		*00:41.00*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:14, starttime: 14:25

Heat: 14/14 Lane : 1 Athlete: TSYBULNIAK KYRYL — **Q-time: 01:13:95**

PB (25m pool): 01:13.95 Mol 04/10/2026 **PB (50m pool):** 01:16.69 **SB:** 01:13.95 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:34.86		01:13.95	
		00:34.86		*00:39.09*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 20: 100M BREASTSTROKE MEN 13+ — Heat:14, starttime: 14:25

Heat: 14/14 Lane : 6 Athlete: LADEWIG SETH — **Q-time: 01:12:18**

PB (25m pool): 01:12.18 Stedelijk Zwembad Geel 16/02/2025 **PB (50m pool):** 01:14.80 **SB:** 01:12.39 Mol 04/10/2026

	25 M	50 M	75 M	100 M	
PB		00:33.81		01:12.18	
		00:33.81		*00:38.37*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: ZOLA

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:3, starttime: 15:25

Heat: 3/16 Lane : 6 Athlete: KAHKESHAN KYAN — **Q-time: 00:39:11**

PB (25m pool): 00:37.14 Nijlen 18/10/2026 — **PB (50m pool):** 00:39.11 **SB:** 00:37.14 Nijlen 18/10/2026

	25 M	50 M	
PB		00:37.14	
	00:37.14		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:4, starttime: 15:25

Heat: 4/16 Lane : 3 Athlete: OZTURK BURAK — **Q-time: 00:37:16**

PB (25m pool): 00:37.16 Nijlen 18/10/2026 — **PB (50m pool):** 00:37.54 **SB:** 00:37.16 Nijlen 18/10/2026

	25 M	50 M	
PB		00:37.16	
	00:37.16		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:12, starttime: 15:35

Heat: 12/16 Lane : 6 Athlete: NAEGELS ELI — **Q-time: 00:31:20**

PB (25m pool): no time — **PB (50m pool):** no time **SB:** no time

	25 M	50 M	
PB		no time	
	no time		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:14, starttime: 15:35

Heat: 14/16 Lane : 4 Athlete: NAEGELS REZA — **Q-time: 00:29:57**

PB (25m pool): 00:29.57 Mol 04/10/2026 — **PB (50m pool):** 00:30.04 **SB:** 00:29.57 Mol 04/10/2026

	25 M	50 M	
PB		00:29.57	
	00:29.57		
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: ZOLA

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:15, starttime: 15:35

Heat: 15/16 Lane : 3 Athlete: TSYBULNIAK KYRYL — **Q-time: 00:28:97**

PB (25m pool): 00:28.97 Mol 04/10/2026 — **PB (50m pool):** 00:29.35 **SB:** 00:28.97 Mol 04/10/2026

	25 M	50 M	
PB		00:28.97	
		00:28.97	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:15, starttime: 15:35

Heat: 15/16 Lane : 6 Athlete: COGURCU ARDA — **Q-time: 00:29:06**

PB (25m pool): 00:29.06 Nijlen 18/10/2026 — **PB (50m pool):** 00:29.08 **SB:** 00:29.06 Nijlen 18/10/2026

	25 M	50 M	
PB		00:29.06	
		00:29.06	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:16, starttime: 15:35

Heat: 16/16 Lane : 3 Athlete: EL HADDOUCHI HAROUN — **Q-time: 00:28:07**

PB (25m pool): 00:28.00 LEUVEN 15/11/2026 — **PB (50m pool):** 00:28.07 **SB:** 00:28.00 LEUVEN 15/11/2026

	25 M	50 M	
PB		00:28.00	
		00:28.00	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 23: 50M BUTTERFLY MEN 13+ — Heat:16, starttime: 15:35

Heat: 16/16 Lane : 5 Athlete: VERDONCK MARIUS — **Q-time: 00:27:68**

PB (25m pool): 00:29.14 Antwerpen 12/10/2025 — **PB (50m pool):** 00:27.68 **SB:** no time

	25 M	50 M	
PB		00:29.14	
		00:29.14	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Herfstcriterium 2026: Session: 4: COACH evaluation sheet for TEAM: ZOLA

Event number: 23: 50M BUTTERFLY MEN 13+ **Heat:16, starttime: 15:35**

Heat: 16/16 Lane : 8 Athlete: MESTARI ABDERRAHMANE **Q-time: 00:28:77**

PB (25m pool): 00:30.05 Nijlen 16/11/2025 **PB (50m pool):** 00:28.77 **SB:** no time

	25 M	50 M	
PB		00:30.05	
		00:30.05	
	. . : . . : . .	. . : . . : . .	

Coach feedback: